

Setting Limits

Montessori-style

The Montessori approach sets limits with compassion + respect to support + guide our children.

Is there clarity?

- * have a few house rules
- * be consistent with the limits

STEP
01



Is there love in your limit?



Is there reason behind the limit?

Even if you are tired and done repeating yourself, saying "because I said so" is not enough.

STEP
02

- * get down to their level
- * use a firm but loving voice
- * manage our own anger first
- * give respect and empathy if they are sad/frustrated etc
- * be there to hold them or keep them safe if they lose control

STEP
03



Is the limit age + ability appropriate?

Is it possible to work with your child to set the limit?

Look with your child for ways to meet your needs (eg. to have rest) and your child's needs (eg. to have fun)

STEP
04

Limits can be revised as your child grows

STEP
05



Is safety involved?

Physically + gently remove the child from danger if necessary

STEP
06

